

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL INDEX

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL
ACADEMIC PLANNER FOR YEAR 2023-24 BATCH

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**SAM COLLEGE OF AYURVEDIC SCIENCES AND
HOSPITAL**

**LIST OF PHARMACIES AND OTHER PLACES FOR
EDUCATIONAL VISIT**

1. Vindhya Herbal unit of MP state forest product Cooperative Federation, Barkheda pathani Bhopal.
2. Jamna Pharmaceuticals Mandideep, Raisen
3. Jamna Herbal reasearch limited Mandideep , Raisen.
4. Upkaran Pharmaceuticals Mandideep , Raisen .
5. Madhya Pradesh state cooperative Dairy Federation,Bhopal
6. Water Purification Plant , Kolar dam , Bhopal .
7. Sewage Treatment Plant , Panchsheel Nagar Bhopal
8. Yog Evam Prakritik Chikitsa Kendra, Bairagadh , Bhopal.
9. Community Helth center , Raisen
10. T.B. Hospital, Bhopal.



Holiday Calendar
January - December, 2024 (Proposed)

S. No.	Date	Day	Holiday/ Occasion
1.	01 January, 2024	Monday	New Year
2.	15 January, 2024	Monday	Makar Sankranti (R)
3.	24 February, 2024	Saturday	Shri. Guru Ravi Das's Jayanti
4.	08 March, 2024	Friday	Maha Shivaratri
5.	25 March, 2024- 30 March, 2024	Monday - Saturday	Holi to Rang Panchmi
6.	11 April, 2024	Thursday	Id Ul Fitr (Ramzan)
7.	17 April, 2024	Wednesday	Ram Navmi
8.	23 May, 2024	Thursday	Buddha Purnima
9.	17 June, 2024	Monday	Eid-ul-Adha/ Bakrid
10.	17 July, 2024	Wednesday	Muharram
11.	26 July, 2024	Monday	Janmashtami
12.	19 August, 2024	Monday	Raksha Bandhan
13.	07 September, 2024	Saturday	Ganesh Chaturthi/Vinayaka Chaturthi
14.	16 September, 2024	Monday	Id-E-Milad
15.	02 October, 2024	Wednesday	Gandhi Jayanti
16.	11 October, 2024	Friday	Durga Navmi
17.	12 October, 2024	Saturday	Dussehra (Vijayadashami)
18.	17 October, 2024	Thursday	Valmiki Jayanti
19.	29 October, 2024 - 02 November, 2024	Tuesday - Saturday	Diwali (Dhanteras to Bhai Doj)
20.	15 November, 2024	Friday	Guru Nanak Jayanti
21.	25 December, 2024	Wednesday	Christmas Day

Note: - Emergency Services will continue to function unhindered.

Ayurveda UG Program (BAMS) for 2023-24 Batch

ACADEMIC ACTIVITY	DATE/PERIOD
First Professional BAMS (18 Months) (Completion date April 2025)	
Induction Program & Transitional Curriculum	11.12.2023 to 23.12.2023
First Term PA-1	Fourth week of January 2024
First Term PA-2	Fourth week of February 2024
First Term PA-3	Fourth week of March 2024
First Term Test	Third/Fourth week of April 2024 (5 working days for theory & 5 working days for practical, no preparatory holidays)
Holi Vacation	3rd or 4th Week of March 2024
Summer Vacation	May/June 2024
Second Term PA-1	Fourth week of July 2024
Second Term PA-2	Fourth week of August 2024
Second Term PA-3	Fourth week of September 2024
Second Term Test	Third/Fourth week of October 2024 (5 working days for Theory ' & 5 working days for practical, no preparatory holidays)
Diwali Vacation	First week of November 2024
University Examination PA-1	Fourth week of November 2024
University Examination PA-2	Fourth week of December 2024
University Examination PA-3	Fourth week of February 2025
Preparatory holidays	First and Second week of March 2025
University Examination	Third week of March 2025 onwards

1. First day of students will be celebrated as “SHISHYOPANYAN SANSKAR” in college. (15 Days induction program)

2. Transitional curriculum and syllabus of NCIMS will be followed for students assessment for their educational developments.

3. Expert lectures will be conducted on every 4th Saturday of a month by expert of the related subjects.

4. Students will be sent to local pharmacies or other educational places to enhance their knowledge about subject.

5. Yearly educational tour is planned for students to broaden their horizon for practical approach of Ayurveda in general practice.

6. Social gathering, Sports day, Yoga day, Book day Annual function and Saraswati poojan (Basant Panchami), Dhanwantari poojan, Ganesh Utshav etc. are planned as per schedule with the other colleges of

7. Half yearly examination will be conducted for the students and on the basis of their performance in the examination parallel student development classes will be organized.

8. Pre -university examination prior to final examination and accordingly revision classes and preparation leave will be finalized as per university schedule.

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL
YEARWISE EDUCATIONAL TOUR PLAN

S.NO.	EDUCATIONAL YEAR	P
1	1st Year	Patanjali Yogpeeth, Haridwar,,
		AIIMS Ayurveda, New Delhi
		FRI
2	2nd Year	Jaamnagar Ayurved University, Jaamnagar
		Govt. Ayurved Pharmacy, Rajpipare
3	3rd Year	1. PhytoPharma, Kolhapur
		2. National Toxicology Centre, Pune
		3. Animal House Bharti Vidhyapeeth, Pune
		4. Kaivalya Dham Yoga Institute and Research Centre Lonavala, MH
4	4th Year	Various Ayurveda Hospitals and Panchkarma Center Kerala.

Time Table - SAM College of Ayurvedic Sciences &Hospital:BAMS 1st Year (2022-23)OLD

DAY	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM	4PM-5PM
Monday	SamhitaAdhyayan 1 (NLH) (Dr. Nilesh)	Rachana Sharir (LH) (Dr. DeepikaAnand)	PadarthVigyan (LH) (Dr. Raman)	L U N C H	Rachana Sharir (NLH) (Dr. Amit)	Sanskrit (LH) (Mrs. Deepika)	NLH Practical Rachana Sharir :1 -30 (Dr. Niranjana) Kriya Sharir: 31-60 (Dr. NiteshKamble)
Tuesday	SamhitaAdhyayan 1 (NLH) (Dr. Nilesh)	Kriya Sharir (LH) (Dr. NiteshKamble)	PadarthVigyan (NLH) (Dr. Raman)		Rachana Sharir (LH) (Dr. Amit)	Sanskrit (LH) (Mrs. Deepika)	NLH Practical Rachana Sharir : 31-60 (Dr. Niranjana) Kriya Sharir: 1-30 (Dr. NiteshKamble)
Wednesday	SamhitaAdhyayan 1 (NLH) (Dr. Raman)	Kriya Sharir (LH) (Dr.Nitin)	PadarthVigyan (LH) (Dr.Nilesh)		Rachana Sharir (LH) (Dr. Niranjana)	Sanskrit (NLH) (Mrs. Deepika)	LIBRARY/ SPORTS
Thursday	SamhitaAdhyayan 1 (LH) (Dr. Raman)	Kriya Sharir (LH) (Dr.Nitin)	PadarthVigyan (NLH) (Dr. Ravi Raj)		Rachana Sharir (LH) (Dr. Neeraj)	Sanskrit (NLH) (Mrs. Deepika)	NLH Practical Rachana Sharir :1 -30 (Dr. Amit) Kriya Sharir: 31-60 (Dr. Nitin)
Friday	SamhitaAdhyayan 1 (LH) (Dr. Ravi Raj)	Kriya Sharir (NLH) (Dr. NiteshKamble)	PadarthVigyan (NLH) (Dr. Raman)		Rachana Sharir (NLH) (Dr. Niranjana)	Sanskrit (NLH) (Mrs. Deepika)	NLH Practical Rachana Sharir : 31-60 (Dr. Amit) Kriya Sharir: 1-30 (Dr. Nitin)
Saturday	SamhitaAdhyayan 1 (LH) (Nilesh)	Kriya Sharir (NLH) (Dr. N K Jain)	SamhitaAdhyayan 1 (NLH) (Dr. Raman)		Rachana Sharir (NLH) (Dr. Neeraj)	AyurvedKaItihas (LH/NLH) (Dr. Nilesh)	NLH Practical Rachana Sharir : 1-60 (Dr. Neeraj, Dr. Niranjana)

Principal

Time Table - SAM College of Ayurvedic Sciences &Hospital: BAMS 1st Year (2023-24) (NEW)

DAY	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM	4PM-5PM
Monday	Rachana Sharir (NLH) (Dr. Neeraj)	Sanskrit (LH) (Mrs. Deepika)	SamhitaAdhyayan 1 (NLH) (Dr. Ravi Raj)	L U N C H	NLH Practical Rachana Sharir: 1 to 50 (Dr. Amit) Kriya Sharir : 51 to 100 (Dr. Nitin)	Rachana Sharir (LH) (Dr. DeepikaAnand)	PadarthVigyan (NLH) (Dr. Nilesh)
Tuesday	Rachana Sharir (LH) (Dr. Neeraj)	Sanskrit (LH) (Mrs. Deepika)	SamhitaAdhyayan 1 (NLH) (Dr. Nilesh)		NLH Practical Rachana Sharir:51 to100 (Dr. Amit) Kriya Sharir : 1 to 50 (Dr. Nitin)	Kriya Sharir (LH) (Dr. NiteshKamble)	PadarthVigyan (NLH) (Dr. Nilesh)
Wednesday	Rachana Sharir (LH) (Dr. Niranjana)	Sanskrit (NLH) (Mrs. Deepika)	SamhitaAdhyayan 1 (NLH) (Dr. Raman)		PadarthVigyan (LH) (Dr. Ravi Raj)	Kriya Sharir (LH) (Dr.Nitin)	AyurvedKaItihas (LH/NLH) (Dr. Nilesh)
Thursday	Rachana Sharir (LH) (Dr. Niranjana)	Sanskrit (NLH) (Mrs. Deepika)	SamhitaAdhyayan 1 (LH) (Dr. Raman)		NLH Practical Rachana Sharir: 1 to 50 (Dr. Niranjana) Kriya Sharir : 51 to 100 (Dr. NiteshKamble)	Kriya Sharir (LH) (Dr.Nitin)	PadarthVigyan (LH) (Dr. Raman)
Friday	Rachana Sharir (NLH) (Dr. Niranjana)	Sanskrit (NLH) (Mrs. Deepika)	SamhitaAdhyayan 1 (LH) (Dr. Ravi Raj)		NLH Practical Rachana Sharir:Group A (Dr. Niranjana) Kriya Sharir : Group B (Dr. Nitin)	Kriya Sharir (NLH) (Dr. NiteshKamble)	PadarthVigyan (NLH) (Dr. Raman)
Saturday	Rachana Sharir (NLH) (Dr. Niranjana)	LIBRARY/ SPORTS	SamhitaAdhyayan 1 (LH) (Nilesh)		NLH Practical Rachana Sharir : 1-100 (Dr. Neeraj, Dr. Amit)	Kriya Sharir (NLH) (Dr. N K Jain)	SamhitaAdhyayan 1 (NLH) (Dr. Raman)

Principal

Sam college of Ayurvedic Sciences and Hospital

SECOND YEAR TIME TABLE BATCH 21 -22

JAN 2024

DAY	10-10.55	10.55- 11.50	11.50 -12-50	12.50-1.20	1;20 TO 2:15	2:15 TO 3	3 TO 4	4 TO 5
MONDAY	DRAVYAGUNA DR SANDHYA LH	RASASHASTRA DR VIPUL LH	ROGNIDAN DR SUBHESH LH	LUNCH	AGADTANTR A DR IRFAN LH	SAMHITA DR RAMAN LH	SWASTHA DR GANESH LH	DG /NLH DR PRITESH
TUESDAY	DRAVYAGUNA DR PRITESH LH	RASASHASTRA DR VIPUL NLH	ROGNIDAN DR SUBHESH NLH	LUNCH	LIBRARY	SAMHITA DR RAMAN NLH	SWASTHA DR GANESH NLH	RS BK NLH DR VIJAYANT
WEDNSDAY	DRAVYAGUNA DR TARUN LH	RASASHASTRA DR VIPUL LH	ROGNIDAN DR SUBHESH LH	LUNCH	AGADTANTR A DR IRFAN NLH	SAMHITA DR RAVIRAJ LH	SWASTHA DR GANESH LH	AGADTANT RA /NLH
THURSDAY	DRAVYAGUNA DR PRITESH NLH	RASASHASTRA DR VIJAYANT NLH	ROGNIDAN DR SUBHESH NLH	LUNCH	AGADTANTR A DR MUZAMMIL LH	SAMHITA DR NILESH NLH	SWASTHA DR ABHINAV NLH	RSBK /NLH DR VIPUL
FRIDAY	DRAVYAGUNA DR SHIVLEELA NLH	RASASHASTRA DR VIJAYANT LH	ROGNIDAN DR KALPANA LH	LUNCH	AGADTANTR A DR MUZAMMIL NLH	SWASTHAVRI TTA DR ABHINAV NLH	SWASTHA DR ABHINAV NLH	RN /NLH DR KALPANA
SATURDAY	DRAVYAGUNA DR SANDHYA NLH	RASASHASTRA DR SARANG NLH	ROGNIDAN DR KALPANA NLH	LUNCH	AGADTANTR A DR MUZAMMIL NLH	SPORTS	SWASTHA DR ABHINAV /NLH	ROGNIDAN /NLH DR SUBHESH

*In every month at last Saturday there will be cultural hour for students instead of sports activity

III YEAR BAMS (2020-21 Batch) Time – Table Upto 1/12/2023

Day	10:00 To 11:00 am	11:00 To 12:00 pm	12:00 To 1:00 pm	1:00 To 1:30 pm	1:30 To 2:30 pm	2:30 To 3:30 pm	3:30 To 5:00 pm
MON	Swasthviritta & Yoga (Dr.Ganesh kathane)	Stri Roga & Prasuti Tantra (Dr Hemant T.patil)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)	L U N C H	Bal Roga (Dr. Nagendra Thakre)	Charak Uttrardh (Dr. Raman Mahour)	Practical Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma & Dr. Pooja Upadhyay)
TUE	Swasthviritta & Yoga (Dr. Ganesh kathane)	Stri Roga & Prasuti Tantra (Dr. Hemant T patil)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)		Bal Roga (Dr. Nagendra Thakre)	Charak Uttrardh (Dr. Raman Mahour)	Practical Bal Roga (Dr. Kapil & Dr. Nagendra)
WED	Swasthviritta & Yoga (Dr. Ganesh kathane)	Stri Roga & Prasuti Tantra (Dr. Hemant T patil)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)		Bal Roga (Dr. Nagendra Thakre)	Charak Uttrardh (Dr. Raman Mahour)	Sports 1 st & 3 rd Wed Presentation 2 nd & 4 th Wed
THU	Swasthviritta & Yoga (Dr. Abhinav Khare)	Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)		Bal Roga (Dr.Meghali gupta)	Charak Uttrardh (Dr. Raman Mahour)	Library
FRI	Swasthviritta & Yoga (Dr. Abhinav Khare)	Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)		Bal Roga (Dr. Meghali gupta)	Charak Uttrardh (Dr. Raman Mahour)	Swasthviritta & Yoga (Dr. Abhinav & Dr. Preeti)
SAT	Swasthviritta & Yoga (Dr. Abhinav Khare)	Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)		Bal Roga (Dr. Meghali gupta)	Charak Uttrardh (Dr. Raman Mahour)	Practical Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi & Dr. Nidhi Jain)

III YEAR BAMS (2019-20 Batch) Time – Table Upto 1/12/2023

Day	10:00 To 11:00 am	11:00 To 12:00 pm	12:00 To 1:00 pm	1:00 To 1 : 3	1:30 To 2:30 pm	2:30 To 3:30 pm	3:30 To 5:00 pm	
MON	Bal Roga (Dr. Nagendra Thakre)	Charak Uttrardh (Dr. Raman Mahour)	Swasthviritta & Yoga (Dr. Preeti Senthia)	U	Stri Roga & Prasuti Tantra (Dr. Nidhi Jain)	Agad Tantra & Vyavhar Ayurved (Dr. Pooja Upadhyay)	Practical Bal Roga (Dr. Kapil Bhavsar & Dr. Nagendra)	
TUE	Bal Roga (Dr. Nagendra Thakre)	Charak Uttrardh (Dr. Raman Mahour)	Swasthviritta & Yoga (Dr. Preeti Senthia)		Stri Roga & Prasuti Tantra (Dr. Nidhi Jain)	Agad Tantra & Vyavhar Ayurved (Dr. Pooja Upadhyay)	Practical Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma & Dr. Pooja Upadhvay)	
WED	Bal Roga (Dr. Nagendra Thakre)	Charak Uttrardh (Dr. Raman Mahour)	Swasthviritta & Yoga (Dr. Preeti Senthia)		U	Stri Roga & Prasuti Tantra (Dr. Nidhi Jain)	Agad Tantra & Vyavhar Ayurved (Dr. Pooja Upadhyay)	Practical Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi & Dr. Nidhi Jain)
THU	Bal Roga (Dr. Kapil Bhavsar)	Charak Uttrardh (Dr. Raman Mahour)	Swasthviritta & Yoga (Dr. Abhinav Khare)			Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)	Swasthviritta & Yoga (Dr. Abhinav & Dr. Preeti)
FRI	Bal Roga (Dr. Kapil Bhavsar)	Charak Uttrardh (Dr. Raman Mahour)	Swasthviritta & Yoga (Dr. Abhinav Khare)			N	Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi)	Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)
SAT	Bal Roga (Dr. Kapil Bhavsar)	Charak Uttrardh (Dr. Raman Mahour)	Swasthviritta & Yoga (Dr. Abhinav Khare)		Stri Roga & Prasuti Tantra (Dr. Rishu Chaturvedi)		Agad Tantra & Vyavhar Ayurved (Dr. Dipti Sharma)	Library

IV YEAR BAMS (2018-19 Batch) Time – Table Upto. 1/12/2023

Day	10:00 To 11:00 am	11:00 To 12:00 pm	12:00 To 1:00 pm	1:00 To 1: 30	1:30 To 2:30 pm	2:30 To 3:30 pm	3:30 To 5:00 pm
MON	Panchkarma (Dr. Rahul)	Shalya Tantra (Dr. Shubham khare)	Research & Methodology (Dr. Rucha Athaley)	L N C H	Shalakyta Tantra(ENT) Dr. Shrikant Mote	Kaya Chikitsa (Dr. Hari)	Library 1 st & 3 rd Mon Sports 2 nd & 4 th Mon
TUE	Panchkarma (Dr. Rahul)	Shalya Tantra (Dr.S.k)	Research & Methodology (Dr. Rucha Athaley)		Shalakyta Tantra(ENT) Dr. Shrikant Mote	Kaya Chikitsa (Dr. Hari)	Practical Shalakyta Tantra (ENT)
WED	Panchkarma (Dr.Prashant tiwari)	Shalya Tantra (Dr. Neeraj yadav)	Research & Methodology (Dr. Rucha Athaley)		Shalakyta Tantra(ENT) Dr. Shrikant Mote	Kaya Chikitsa (Dr. Hari)	Practical Shalya Tantra
THU	Panchkarma (Dr. Shriram Chaturvedi)	Shalya Tantra (Dr. Neeraj yadav)	Research & Methodology (Dr. Rucha Athaley)		Shalakyta Tantra(EYE) (Dr. Poonam Jhakar)	Kaya Chikitsa (Dr. Devendra)	Practical Shalakyta Tantra (EYE)
FRI	Panchkarma (Dr.Pra shant)	Shalya Tantra (Dr. Shahnawaz Diwan)	Research & Methodology (Dr. Rucha Athaley)		Shalakyta Tantra(EYE) (Dr. Poonam Jhakar)	Kaya Chikitsa (Dr. Devendra)	Practical Panchkarma
SAT	Panchkarma (Dr. Shriram Chaturvedi)	Shalya Tantra (Dr. Shahnawaz Diwan)	Research & Methodology (Dr. Rucha Athaley)		Shalakyta Tantra(EYE) (Dr. Poonam Jhakar)	Kaya Chikitsa (Dr. Akhilesh Singh)	Practical Kaya Chikitsa

